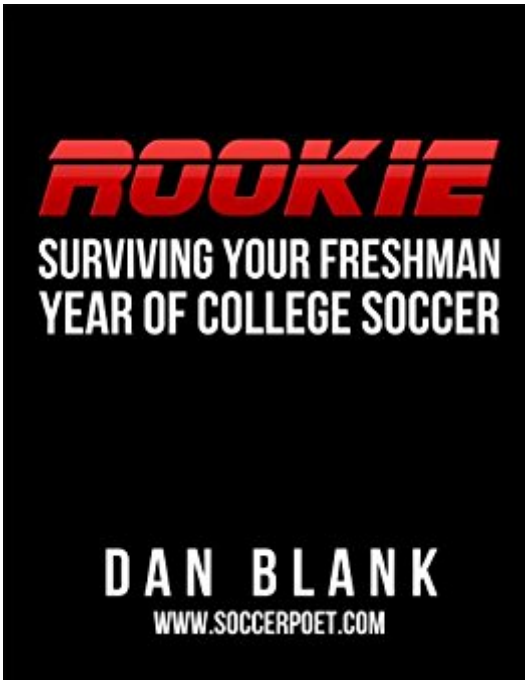
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# ROOKIE: Surviving Your Freshman Year Of College Soccer




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## Synopsis

Ã¢â ¬Å“ROOKIE is a well written and informative book that gives great insight into the transition from soccer in high school to soccer at the college level. The ideas and concepts of this book are a blueprint for your first season of college soccer. This wealth of detailed information has great benefit to parents as well as players.Ã¢â ¬Â• -Robbie Church, Head Coach, DukeCoach Dan Blank once again over-delivers for readers with another essential how-to book for college-bound soccer players. Written in the same plainspoken tone that shot Soccer iQ to best-seller status, ROOKIE is more conversation than book. It gives rising college freshmen a revealing preview of life as a college soccer player and provides them with a wealth of survival tips for making the most of their debut seasons. ROOKIE covers topics that incoming freshmen will be starved to learn, including a remarkably clear cut strategy for earning playing time. Ã¢â ¬Å“Just brilliant! If you plan on playing college soccer, do yourself a big favor and read this book before you get to campus.Ã¢â ¬Â•-Jon Lipsitz, Head Coach, Kentucky

## Book Information

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## Customer Reviews

When I went to college I didn't play College Soccer, I played College Ice Hockey. My son is 12 and my daughter is 9 so they are not potentially going to play college soccer for several more years (if at all). When I bought this book I was not sure I'd be able to relate and enjoy it as much as Dan Blank's Soccer iQ volumes. Man was I wrong. Rookie was not what I expected, it's way better and not just for soccer players, it's for any type of athlete in my opinion. This book provides great advice on how to compete with peers (with respect and courage), earn a spot for yourself on the "starters roster" and also "playing time". I believe this book would also be a great read for high school athletes who attend schools where there are preseason tryouts and competition to "make the team". For me this book was a fun read and contains advice that not only pertains on the field but to all other aspects of student athlete life, like how to handle their celebrity like status within their own school bubble.Highly recommend.

As with all of Dan Blank's books this was exceptionally well written, however, I felt their was one glaring aspect that was not covered enough. College soccer is based on the Academics-Athletics-Social pyramid. This book covered the athletics and social aspects: winning a spot on the team and fitting into the team better than I anticipated. His advice in these areas is exceptional as always. That being said, I was disappointed with the lack of advice on the student part of being a "student athlete". Although he does mention study hall, tutors and has one chapter on academics I just don't believe the book had enough of it to be considered a comprehensive guide, nothing will see you off a team faster that academic ineligibility. That concept may not be foreign to former high school players, but former club players may not anticipate the need for good grades and academic recognition.

My son has just begun his collegiate soccer career and I am really happy to have found this book. As a parent, I have spent considerable time discussing, encouraging and warning him about the "next step" in his soccer journey. To have the author "spell it out" so clearly and passionately seems invaluable. A must read!

I bought the author's two Soccer IQ books. I decided to buy this to give to a soon to be rookie college soccer player. Browsed thorough Rookie and find it similarly good easy read as his Soccer IQ books. Among other things, this book discussed first impressions, earning trust and playing time, and understanding how winning games to maintain his/her job is the coach's priority. I think many of

the author's advice could apply to other college sports and even to high school sports and would buy this again for my own kids or to give as a gift.

Excellent perspective that will help our daughter immeasurably. I was recommended to us by NCSA recruiting service in Chicago, it's truly a must read for an incoming freshman player AND great for parents too. I have recommended it to several other parents...Our daughter seems to be taking it all in and is preparing diligently for that first two weeks of training that Dan Blank talks about for new players. Anxious to see it all unfold...thank you, Dan Blank...a soccer dad in Oregon

Fantastic read! IÃƒÂ¢Ã â ¬Ã â„¢m surprised that I havenÃƒÂ¢Ã â ¬Ã â„¢t seen a book like this before because after reading it, it just makes so much sense. I have to admit that as I was reading it, I realized that there was a lot I didnÃƒÂ¢Ã â ¬Ã â„¢t know about the college soccer experience. The author has obviously seen many years of freshmen making the same mistakes over and over again and has written this book to help the next generation of players avoid making those same mistakes. This is one of those books that coaches will be buying for their players.

Presents lots to consider for an athlete heading off to college; things you probably wouldn't know about otherwise until you've played a season or two. Get a head start on your college soccer (or other sport) career - read this book!

A great preview for college freshmen about life as a college soccer player. Gives a helpful perspective how to make the most of their first season, and good strategies for getting more playing time.

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